# MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY

### **Term-End Examination**

June, 2017

## MCFTE-002: CHILD AND ADOLESCENT COUNSELLING AND FAMILY THERAPY

Time: 2 hours

Maximum Marks: 50

20

Note: (i) Answer three questions in all.

(ii) Question No. 1 is compulsory.

1. How does family act as an important influence on developing children and adolescents? Discuss with the help of examples.

### OR

As a counsellor/family therapist, what interventions would you focus on with respect to children living in dysfunctional families?

#### OR

With the help of examples, discuss benefits of play for children.

- 2. What is psychological assessment? Why do we need psychological assessment for children? Write about any one tool for psychological assessment.
- 3. Why is it important for adolescents to develop life skills? How can we help them develop social skills?

- 4. Discuss the detailed assessment of the child and family, that must be made for effective intervention for children with disabilities.
- 5. Write short notes on any three of the following: 5x3=15
  - (a) Impact of television on children and adolescents
  - (b) The downward spiral of child vulnerability
  - (c) Play therapy
  - (d) ABC model