

01049

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

**Term-End Examination
June, 2017**

**MCFT-007 : COUNSELLING AND FAMILY
THERAPY APPLICATIONS AND
INTERVENTIONS**

Time : 3 hours

Maximum Marks : 100

*Note : Answer any five questions. All questions carry
equal marks.*

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1. Discuss the conditions in which counselling and family therapy can help children and adolescents. Give examples. 20

 2. With help of a case illustration discuss the application of behaviour modification approach as a treatment approach for children. 20

 3. As a counsellor and family therapist what guidelines would you follow for assessment of marital conflict ? 20

 4. Explain the issues in assessment of same sex relationships which as a counsellor you would look into during the same sex couple counselling. 20

5. How would you as a Counsellor/Family Therapist help a family to cope with the terminal illness of a family member. 20
6. Discuss how would motivation enhancement help in treatment of substance abuse in a young adult. 20
7. What is crisis counselling ? Discuss the counselling you would give to parents/caregiver of a child who has survived a disaster. 20
8. A 9 year old girl was sexually abused by someone known to her. Discuss the therapeutic intervention you would use to help this child. 20
9. Write short notes on **any four** of the following : 4x5=20
- (a) Geriatric depression
 - (b) Yoga therapy
 - (c) Effect of sexual abuse on the perpetrator
 - (d) Down's syndrome
 - (e) Stigma about divorcee
 - (f) Problems in joint families
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