

00335
MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY/
POST GRADUATE DIPLOMA IN
COUNSELLING AND FAMILY THERAPY
(MSCCFT/PGDCFT)

Term-End Examination

June, 2017

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 hours

Maximum Marks : 100

Note : (i) Answer any five questions.

(ii) All questions carry equal marks.

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| 1. | (a) | Define mental health. | 5 |
| | (b) | Why is there a need to study mental health ? | 5 |
| | (c) | Describe any one model of mental health and state its strengths and limitations. | 10 |
| 2. | | Describe the association between psychiatric disorders and skin diseases. Support your answer with examples. | 20 |
| 3. | (a) | What are the clinical features of dementia ? | 10 |
| | (b) | Discuss any two standard non-pharmacological therapies for management of dementia. | 10 |

4. (a) Describe the signs and symptoms of schizophrenia. 10
(b) Explain the significance of the following in the treatment for schizophrenia. 10
(i) Pharmacological treatment.
(ii) Family based interventions.
5. Suppose you are a Counsellor and have been approached by an individual suffering from generalized anxiety disorder. Discuss the areas you would focus on, for management of the condition. 20
6. (a) What is depression, and how does it, affect the individual? Explain giving examples. 10
(b) Outline the major treatment modalities for depression. 10
7. (a) Discuss, with the help of examples, the common risk factors for suicide. 10
(b) What interventions would you recommend for individuals at risk for suicidal thoughts and behaviours? 10
8. (a) What is disability? 5
(b) Discuss, giving examples, how we can make our society disabled friendly and inclusive. 15
9. Write short notes on **any four** of the following : 4x5=20
(a) GAS model of stress.
(b) Physical consequences of substance use.
(c) Somatoform disorder.
(d) Dialectical behaviour therapy.
(e) Abnormal grief.
(f) ADHD.