

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY / POST GRADUATE
DIPLOMA IN COUNSELLING AND FAMILY
THERAPY**

Term-End Examination

June, 2017

**MCFT-001 : HUMAN DEVELOPMENT AND FAMILY
RELATIONSHIPS**

Time : 3 hours

Maximum Marks : 100

Note : (i) Answer any five questions.

(ii) All questions carry equal marks.

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1. (a) In your opinion, is human development continuous or discontinuous ? Give examples to illustrate your answer. 10
- (b) How does environment influence human development ? Explain with respect to any two environmental factors. 10
2. (a) Describe the three basic components of personality, according to Freud's psychoanalytic theory. 10
- (b) What does the term "defense mechanisms" mean ? Describe any four defense mechanisms. 2+8=10
3. In the Indian context, What are : 20
- (a) the areas of strength and
- (b) likely sources of conflict, in joint/extended families ? Explain with the help of examples.

4. (a) State the major assumptions of systems theory. 10
(b) "Systems theory is a major conceptual framework used in the study of marital interaction and family communication." Do you agree with this statement? Give examples to substantiate your answer. 10
5. Why is the child bearing stage of family particularly important in the Indian context? What are the possible sources of stress at this stage? 20
6. (a) Explain, giving examples, the importance of understanding the family life cycle. 10
(b) Enumerate the family life cycle stages. 10
7. (a) Describe the developmental characteristics of elementary school children. 10
(b) How can parents and significant others promote development of elementary school children? Explain with the help of examples of activities and opportunities that may be provided to the children. 10
8. Discuss challenges and emerging issues of families with teenagers in the Indian context. 20
9. Write short notes on any four of the following : 4x5=20
(a) Trust versus mistrust
(b) Maslow's hierarchy of needs
(c) Sex chromosome abnormalities
(d) Collective unconscious
(e) Caregiver stress and burnout
(f) Private speech.