

01064

**MASTER'S DEGREE IN SOCIAL WORK
(COUNSELLING)**

Term-End Examination

June, 2017

MSW-015 : BASICS OF COUNSELLING

Time : 3 hours

Maximum Marks : 100

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- Note :* (i) *Answer all the five questions.*
(ii) *All questions carry equal marks.*
(iii) *Answer to question 1 and 2 should not exceed 600 words each.*
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1. Describe in detail the current trends in counselling. 20
OR
Explain the action stage and its relevance in counselling. 20
2. Examine the strategies of supportive therapy. 20
OR
Discuss the roles of both therapist and the client in Cognitive Behaviour Therapy (CBT). 20
3. Answer any two of the following questions in about 300 words each :
- (a) Explain the need and scope of counselling. 10
(b) What are the legal issues involved when counselling minors ? 10
(c) Discuss the strengths and limitations of Gestalt Counselling and techniques of supportive psychotherapy. 10
(d) Highlight the psychoanalytic approaches of counselling. 10

4. Answer **any four** of the following questions in about **200** words each :
- (a) Write the steps in marital therapy. 5
 - (b) Highlight the strengths of Existential counselling. 5
 - (c) List any five techniques of Behaviourists approach. 5
 - (d) What is the relevance of exploratory stage in counselling ? 5
 - (e) Briefly describe the role of play therapy among children with disability. 5
 - (f) Discuss some of the major barriers to listening. 5
5. Write short notes on **any five** of the following questions in about **100** words each :
- (a) Relapse prevention 4
 - (b) Preparatory stage of counselling 4
 - (c) Define play therapy 4
 - (d) Observation 4
 - (e) Counselling 4
 - (f) Techniques of counselling 4
 - (g) Concreteness 4
 - (h) Leadership 4
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