

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2017

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in
about **450 words** each : **2x10=20**

1. What is behaviour modification ? Discuss any **3+7**
three techniques of behaviour modification.
2. Discuss the areas of application of cognitive **10**
behaviour therapies.
3. Describe the process in group and family **10**
counselling.
4. What is e-counselling ? Discuss the benefits and **3+7**
ethical issues involved in e-counselling.

SECTION - B

Answer **any four** of the following questions in about **250 words** each : **4x6=24**

5. Discuss insight as a counselling method. 6
6. Explain short term counselling. 6
7. Discuss the techniques for helping children with Autism spectrum disorder. 6
8. Discuss the stages of couple counselling. 6
9. What are the factors to be controlled to minimize the differences between client and counsellor ? 6

SECTION - C

Write short notes on **any two** of the following in about **100 words** each : **2x3=6**

10. Psychodynamic Counselling 3
 11. Limitations of Integrative Counselling 3
 12. T-group 3
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