

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2017

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in about **450** words each : **2x10=20**

1. Explain reality therapy. Describe the goals, techniques and role of a counsellor in reality therapy. **3+7=10**

2. Discuss the importance of group therapy and counselling in the treatment for addiction and anxiety. Describe the steps followed in the group counselling process. **3+7=10**

3. What is eating disorder ? Discuss the causes of eating disorder. **2+8=10**

4. Explain the goals and techniques of 10 Psychoanalytic therapy.

SECTION - B

Answer **any four** of the following questions in about 250 words each : 4x6=24

5. Discuss the ethical Principles of counselling. 6
6. Explain operant conditioning treatments. 6
7. Discuss the techniques used in Cognitive Behaviour Therapy. 6
8. Explain the need and importance of counselling for street children. 6
9. Describe the characteristic features of avoidant Personality disorder. 6

SECTION - C

Write short notes on **any two** of the following in about 100 words each : 2x3=6

10. Miracle question and scaling question 3
 11. Right to development 3
 12. Modes of transmission of HIV infection 3
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