

00250

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2016

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 hours

Maximum Marks : 50

Note : (i) Answer three questions in all.

(ii) Question no. 1 is compulsory.

1. Write short notes on any four of the following :
 - (a) Any two family roles in the context of substance use. 4x5=20
 - (b) Common routes of drug use and their characteristics.
 - (c) Needle and syringe related drug abuse
 - (d) Change talk
 - (e) Elements of psychosocial rehabilitation
 - (f) Handling negative emotional states during recovery phase

2. Explain the 5 'A' s approach strategies for tobacco cessation. 15

3. How would you define the term psychosocial rehabilitation in the context of substance use treatment ? Explain psychosocial assessment for rehabilitation of substance use of individuals. 5+10=15

4. Explain the psychological issues impacting family members of substance users. Give examples to support your answer. 15

 5. Discuss the substance use among prisoners and its impact on their family. 15
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