

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2016

**MCFT-007 : COUNSELLING AND FAMILY
THERAPY APPLICATIONS AND
INTERVENTIONS**

Time : 3 hours

Maximum Marks : 100

*Note : Answer any five questions. All questions carry
equal marks.*

1. Critically analyse issues and concerns in therapy, when dealing with children. 20
2. (a) Discuss the causes of school difficulties among children, in our country. 10
(b) Are symptoms of school difficulties always easily identifiable in children ? Substantiate your answer with reasons and examples. 10
3. (a) What guidelines would you use to assess the functioning of a couple for marital conflict ? 10
(b) Discuss the common areas of conflict among older couples. 10
4. With the help of a case illustration, explain issues and concerns related to family adaptation in a patient with chronic illness. 20

5. As a counsellor/family therapist, what are the issues that you would keep in mind in assessment of same sex relationship ? Give examples to support your answer. 20
6. Discuss the essential skills required for counselling families, with an HIV positive family member. 20
7. What does the term 'trauma' mean ? Explain any eight categories of traumatic experiences/disasters. 20
8. (a) Discuss the essential indicators for disaster counselling. 10
(b) With the help of examples, explain the key elements of crisis/disaster counselling. 10
9. Write short notes on any four of the following (in about 150 words each) : 5x4=20
- (a) Three L's in therapy
 - (b) Types of stress
 - (c) Assertiveness training
 - (d) Yoga therapy
 - (e) Effect of abuse on young children
 - (f) Types of family in India
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