

00809

**MASTER OF ARTS (PSYCHOLOGY)**

**Term-End Examination**

**June, 2016**

**MPCE-023 : INTERVENTIONS IN COUNSELLING**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : All sections are compulsory.*

**SECTION - A**

Answer **any two** of the following questions in about **450** words each. **2x10=20**

1. Differentiate group processes and group dynamics. Describe the types of groups in counselling. **3+7**
  
2. Discuss the necessary conditions of client - centered therapy, the supporting evidence and nature of therapeutic relation for effective counselling. **10**
  
3. Define cognitive behaviour modification. Explain the self management technique in this context. **3+7**
  
4. Discuss the nature of learning disability and delineate the techniques for helping children with learning disability. **4+6**

## SECTION - B

Answer **any four** of the following questions in about **250** words each. **4x6=24**

5. Define psychodynamics. Explain the meaning of Psychodynamic Counselling. **3+3**
6. Describe the application of Interpersonal psychotherapy in special populations. **6**
7. Discuss the benefits and challenges of e-counselling. **6**
8. Discuss the pathways of integrative approach in counselling practice. **6**
9. Describe the criteria used for selection of group members in group counselling. **6**

## SECTION - C

Write short notes on **any two** of the following in about **100** words each : **2x3=6**

10. Selective mutism **3**
11. Informed consent **3**
12. Termination of a counselling group **3**