

02639

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2016

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in about **450** words each. **2x10=20**

1. Discuss the stages and techniques of drama therapy. **4+6**
2. Describe the various causes of depression. **10**
3. Evaluate the Adlerian approach to counselling highlighting it's assumptions about human nature and the techniques used in counselling. **4+6**
4. Define a 'child'. Describe the rights of children. **3+7**

SECTION - B

Answer **any four** of the following questions in about **250** words each. **4x6=24**

5. What do you mean by psychotherapy ? Discuss the essential features of psychotherapy. **2+4**

6. Describe the core conditions for effective counselling as given by Carl Rogers. 6
7. Describe the goals of vocational counselling. 6
8. Explain the Avoidant Personality disorder. 6
9. Define eating disorders. Describe the diagnostic criteria of anorexia nervosa. 2+4

SECTION - C

Write short notes on **any two** of the following in
about **100** words each. 2x3=6

10. Free association 3
 11. Confrontation as a counselling skill 3
 12. Tests used for HIV/ AIDS diagnosis 3
-