

**MASTER OF SCIENCE IN COUNSELLING  
AND FAMILY THERAPY**

**Term-End Examination**

**June, 2014**

**MCFTE-001 : MARITAL AND FAMILY THERAPY AND  
COUNSELLING**

*Time : 2 hours*

*Maximum Marks : 50*

**Note : Answer three questions in all. Question no. 1 is compulsory.**

- 1 Discuss, giving examples, the significance of sensitivity and neutrality in the context of marital and family therapy and counselling. **20**

OR

Analyse the common areas of marital difficulties in the Indian context.

OR

With the help of a case illustration, explain how the assessment phase in couple therapy can be carried out

2. Explain the conceptual skills that a marital and family therapist/counsellor should possess. **15**
3. Discuss the principles of change in EFT. **15**

4. (i) What is the rationale of cognitive behaviour sex therapy? **5**
- (ii) Outline the psychological factors that contribute to sexual dysfunctions. **10**
5. Write short notes on *any three* of the following : **15 (3x5)**
- (i) Active listening.
- (ii) Disadvantages of Self Report Scales.
- (iii) Impact of practice on research in the field of marital and family therapy and counselling.
- (iv) Cognitive behaviour therapy for vaginismus.

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