

M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

02909

June, 2014

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 hours

Maximum Marks : 50

Note : Attempt any five questions. All questions carry equal marks. Answer each question in not more than 500 words.

1. Define counselling. Describe the principles and goals of counselling. 3+7
2. What is anxiety disorder ? Describe the technique for helping children with anxiety disorder. 3+7
3. Critically analyze behaviour modification approach to counselling. 10
4. Analyze the concept of integrative counselling and describe its usefulness. 10
5. Discuss the significance of humanistic psychology and phenomenological approach to client-centred counselling. 10

6. What is group counselling ? Describe the different types of groups in counselling. 3+7
 7. Define and describe eclectic approach. Discuss the significance of eclectic approach. 5+5
 8. Discuss the current status of counselling with reference to India's two leading organizations, NIMHANS and NCERT. 10
 9. Discuss the behavioural disorders of childhood and adolescence. 10
 10. Write short notes on the following : 5+5
 - (a) Interpersonal therapy in substance abuse disorder
 - (b) Self management technique
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