

M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

02262

June, 2014

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 hours

Maximum Marks : 50

*Note : Attempt any **five** questions. All questions carry equal marks. Answer each question in not more than 500 words.*

1. What is psychoanalysis ? Discuss major tenets of Freudian psychoanalysis as a therapeutic procedure. 3+7

2. What do you understand by object relations theory ? Discuss its application in psychotherapeutic process. 7+3

3. Write an essay on the characteristics and techniques of interpersonal psychotherapy. 10

4. Discuss the distinctive features of psychotherapies for children. Discuss two theoretical techniques of attachment based interventions. 5+5

5. Elucidate the concept and techniques of respondent conditioning as a method of behaviour modification. 10
 6. Give a brief overview of historical developments in Cognitive Behaviour Therapy. Differentiate CBT with behavioural therapy techniques. 5+5
 7. Explain the concept of psychotherapy integration. Discuss various methods of psychotherapy integration. 3+7
 8. What is multimodal therapy ? Discuss its development and basic concepts. 2+8
 9. Write an essay on the counselling process of Roger's client centered therapy 10
 10. Write short notes on the following : 5+5
 - (a) Applications of Narrative therapy
 - (b) Psychotherapy with older adults
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