

BACHELOR OF ARTS (PSYCHOLOGY)

Term-End Examination

01142

June, 2014

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 hours

Maximum Marks : 50

Note : Answer any **five** questions. Each question is to be answered in about 500 words. All questions carry equal marks.

1. Explain the meaning and nature of counselling as a profession. What are the other professions that use counselling as part of their work and why? 10
2. Describe the conduct of a counselling session with the help of an example. 10
3. Elucidate the basic skills (Stage-I) of counselling. 10
4. Discuss the structure of personality as given by Sigmund Freud. 10
5. Mention the issues related to counselling of children. Describe the significance of play as a counselling technique for children. 10

6. Describe the development models of family life. 10
7. Discuss the need of counselling for elementary school children. 10
8. What are the reasons for seeking couple counselling ? Explain the Emotionally Focused (EF) couple counselling. 10
9. Write short notes on the following : 5+5
- (a) Barriers to communication
 - (b) Self-actualising tendency
10. Write short notes on the following : 5+5
- (a) Confidentiality
 - (b) Regression
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