

**CERTIFICATE IN ADOLESCENT
HEALTH AND COUNSELLING**

Term-End Examination

June, 2013

00752

**CNS-AH-001/002 : FUNDAMENTAL OF
ADOLESCENCE AND ISSUES AND CHALLENGES
DURING ADOLESCENCE**

Time : 3 hours

Maximum Marks : 70

Note : Attempt all questions.

1. (a) Define the term puberty and teenage. **2+8=10**
(b) Discuss any eight characteristics of adolescence.

2. (a) Define female foeticide and female infanticide. **2+8=10**
(b) Explain myths and misconception related to gender and adolescent sexuality.

3. Define the term Life Skills. Explain the life skills which you as a teacher would use to help adolescents of your class. **2+8=10**

4. Discuss about *any two* of the following. $2 \times 5 = 10$

- (a) Role of a teacher in helping adolescent in handling/tackling poor body image.
- (b) Role and responsibility of a teacher in handling adolescent early marriage and pregnancy.
- (c) Role of a teacher in preventing suicide amongst adolescents.

5. Write a short notes on *any six* of the following. $6 \times 5 = 30$

- (a) Factors leading to substance abuse amongst adolescents
 - (b) Myths and Misconceptions about diets
 - (c) Role of parents on needs and concerns of adolescents
 - (d) Issues which trouble girls related to physical growth
 - (e) Five I's of psychosocial development amongst adolescents.
 - (f) Role of parents in helping adolescents to handle peer pressure
 - (g) Skills required by teacher as effective communicators with adolescents.
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