

**Master of Science in Counselling and Family
Therapy**

Term-End Examination

June, 2013

**MCFTE-003 : Substance Abuse Counselling and
Family Therapy**

Time : 2 hours

Maximum Marks : 50

Note : Answer three questions in all. Question No. 1 is compulsory.

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1. Explain *any four* of the following in about 150 words each : 4x5=20
 - (a) The family disease model
 - (b) Injecting Drug Use (IDU)
 - (c) Opioid substitution therapies
 - (d) Defining psychosocial rehabilitation
 - (e) Goals of family therapy
 - (f) MPOWER
 - (g) Tobacco dependence

 2. Discuss impact of drug abuse on mentally ill and prisoners. 15

 3. Discuss how can HIV be prevented among persons with substance use. 15

4. Discuss common withdrawal symptoms on stopping tobacco use. What coping strategies can be used to reduce the symptoms ? 15
 5. Describe cognitive behavioural model of relapse. 15
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