

**MASTER OF SCIENCE IN COUNSELLING AND
FAMILY THERAPY**

Term-End Examination

June, 2013

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : Answer five questions in all. Question No. 1 is compulsory.

1. Write short notes, in about **150 words** each, on **any four** of the following : **4x5=20**
 - (a) Forms of listening
 - (b) Misconceptions related to sexuality
 - (c) Plutchik's wheel of emotions
 - (d) Exercise, nutrition, and well-being
 - (e) Definition and domains of social cognition
 - (f) External locus of control

2. Discuss how a person's work life can influence his/her family life. Give suitable examples to support your answer. **20**

3. (a) What do you understand by the term 'communication competence' ? **3**

- (b) Explain characteristics of communication competence. 7
- (c) Describe strategies that can be used for competent communication. 10
4. Discuss the role of the counsellor and family therapist while dealing with individuals who are separated, divorced and reconstituted. Support your answer with examples. 20
5. Discuss the impact of gender role and sexual orientation on marital and familial relationships in present times. 20
6. (a) Identify the correlates of self. 10
- (b) Discuss the influence of culture and gender on the construal of self. 10
7. (a) Describe any two theories of aggression. 5+5=10
- (b) Discuss causes of human aggression in both children and adults. 10
8. From your personal experience and observations, what tips and strategies would you suggest for positive parenting? Give illustrations to support your answer. 20
9. (a) What could happen if families or individuals lack resilience? Give examples to substantiate your answer. 10
- (b) How can families or individuals be helped to adapt or build their capacities to be resilient? Explain with the help of examples. 10