

**MASTER OF SCIENCE IN COUNSELLING AND  
FAMILY THERAPY /  
POST GRADUATE DIPLOMA IN  
COUNSELLING AND FAMILY THERAPY**

**Term-End Examination**

**June, 2013**

**MCFT-002 : MENTAL HEALTH AND DISORDERS**

*Time : 3 hours*

*Maximum Marks : 100*

*Note : Answer five questions in all. Question No. 1 is compulsory.*

1. Define *any ten* of the following in 2 - 3 sentences each : 10x2=20
- (a) Prosthetics
  - (b) Genetic counselling
  - (c) FAS
  - (d) Melancholia
  - (e) Borderline personality
  - (f) Panic attack
  - (g) Addiction
  - (h) Bizarre delusions
  - (i) ECT
  - (j) Chronic renal failure
  - (k) Anxiety
  - (l) Mental health

2. (a) Delineate the objectives of National Mental Health Programme. 10
- (b) Discuss the National Mental Health Programme in the eleventh five year plan. 10
3. Discuss the psychological response to chronic illness. Support your answer with examples. 20
4. (a) Outline the various drugs which are used in substance abuse. 5
- (b) Describe the profile of substance users in India. 5
- (c) Discuss the consequences of substance use on self and family. 10
5. (a) What do you understand by "mood"? Give examples to support your answer. 5
- (b) Describe the clinical features of mood disorders. 15
6. (a) Outline in detail the developmental disorders prevalent during childhood. 10
- (b) Explain assessment of childhood disorders with the help of an example. 10
7. (a) Discuss classification of personality disorders. 10
- (b) Explain factors that contribute to the development of personality disorders. 10

8. (a) List various tests which can be used to diagnose mental retardation. 5
- (b) What are the characteristics of children with mental retardation ? 10
- (c) Can we prevent mental retardation ? Give reasons to support your answer. 5
9. Discuss the role of counsellor and family therapist in psychosocial rehabilitation of mentally ill persons. 20
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