

00218

BACHELOR OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2013

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 hours

Maximum Marks : 50

*Note : Answer **any five** questions in about **500** words each.
All questions carry **equal** marks.*

1. Discuss the importance of effective communication and its barriers in counselling. 10
2. What are the ethical issues involved in counselling ? 10
3. Describe the structure of personality in psychoanalysis and its implications for counselling. 10
4. Explain the rational emotive behaviour therapy. 10
5. Discuss the developmental models in family counselling. 10

6. Explain the role of school counsellor in elementary schools. 10
 7. Evaluate Bowen's Intergenerational approach to family counselling. 10
 8. Discuss the nature and therapeutic relationship in cognitive behavioural counselling. 5+5
 9. State the factors that contribute to marital distress and discuss the importance of couples counselling in this context. 10
 10. Write short notes on *any two* of the following :
 - (a) Unconditional positive regard 5x2=10
 - (b) Family interview
 - (c) Systematic desensitization
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