

**Master of Science in Counselling and Family
Therapy / Post Graduate Diploma in Counselling
and Family Therapy**

Term-End Examination

June, 2012

**MCFTE-001 : Marital and Family Therapy and
Counselling**

Time : 2 hours

Maximum Marks : 50

*Note : Answer three questions in all. Question No. 1 is
compulsory.*

1. Write short notes, in about 150 words each, on
any four of the following : 4x5=20
 - (a) Neutrality
 - (b) Active listening
 - (c) Genogram
 - (d) Secondary emotions
 - (e) Squeeze technique
 - (f) Marital enrichment

2. Outline, with the help of examples, the nine steps of EFT. 15

3. Discuss marital difficulties of Asian couples. 15

4. Describe any seven tools which can be used to assess specific dimensions of marital relationships. 15

 5. Discuss characteristics and utility of self report scales in the context of marital counselling and therapy. 15
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