

M.A. IN PSYCHOLOGY (MAPC)

Term-End Examination

June, 2012

00902

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 hours

Maximum Marks : 50

Note : All questions carry equal marks. Answer any five questions. Each question is to be answered in about 500 words.

1. Define and describe short term and bring out its 5+5 merits and demerits counselling.
2. What are the important features of Interpersonal 7+3 Counselling? Describe the stages of interpersonal counselling.
3. Critically discuss the applications of 10 Psychodynamic Counselling .
4. Define Learning Disability. Put forward the 4+6 techniques for treatment of children with LD.
5. Discuss the application of cognitive behavioural 10 counselling in dealing with anxiety disorders.

6. Describe the principles and procedures of behaviour modification. 5+5
 7. What are the educational applications of cognitive behaviour therapy ? Give suitable examples. 10
 8. Analyze the stages in Psychodynamic couple's counselling. 10
 9. What do you mean by E-Counselling ? Analyze its merits and demerits. 4+6
 10. Write short notes on *any two* of the following : 5x2=10
 - (a) Existential Therapy
 - (b) Symptoms of ADHD
 - (c) Somnambulism
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