

**M.A. IN PSYCHOLOGY (MAPC)**

**Term-End Examination**

**June, 2012**

00372

**MPCE-022 : ASSESSMENT IN GUIDANCE AND  
COUNSELLING**

*Time : 2 hours*

*Maximum Marks : 50*

*Note : Attempt any five questions. All questions carry equal marks. Answer each question in not more than 500 words.*

1. What do you understand by psychological assessment? Describe various steps in the process of assessment. **10**
2. Write an essay on assessment complexities faced in psychological testing and assessment in counselling and guidance situation. Elaborate your answer with suitable examples. **10**
3. Describe Interview as a method of psychological assessment. At what stage do you think interview can be used in counselling? Support your answer with relevant arguments. **10**
4. Elucidating the basic assumptions of cognitive counselling, highlight the processes involved in this approach. **10**

5. Describe the process of Person Centered approach in counselling. 10
  6. What do you understand by narrative approach to counselling? Discuss the key assumptions and techniques of narrative counselling. 10
  7. What is the role of counselling in preventing mental illness and promoting positive mental health? 10
  8. Discuss the importance of various guidance services in the school. Put forward in step by step the planning of these services. 10
  9. Describe various steps for evaluating the guidance and counselling programme. 10
  10. Differentiate between : 10
    - (a) Individual and Group counselling
    - (b) Subjective and objective approach to counselling.
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