

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2018

01415

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in
about **450** words each : **2x10=20**

1. Define counselling and state its objectives. 4+6
Describe the counselling process.
2. Discuss the Behavioural approach in Counselling 10
with suitable examples.
3. What is solution focused therapy ? Discuss the 2+8
assumptions underlying the solution focused
therapy.
4. Define "vulnerable child". Describe counselling 4+6
for Child Abuse.

SECTION - B

Answer **any four** of the following questions in
about **250** words each : **4x6=24**

5. Explain the importance of knowing one is value 6
system in counselling.
6. Describe the ego-defense mechanisms. 6

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| 7. | Discuss the role of counsellor and counselling goals in reality therapy. | 6 |
| 8. | Discuss the importance of counselling at the elementary stage. | 6 |
| 9. | Explain paranoid personality disorder. | 6 |

SECTION - C

Write short notes on any two of the following in about 100 words each : **2x3=6**

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| 10. | Immediacy in Counselling relationship | 3 |
| 11. | ABC Model of CBT | 3 |
| 12. | Helplessness theory in depression | 3 |
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