

02509

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2016

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer any two of the following questions in about 450 words each : **2x10=20**

1. What is psychoanalysis ? Discuss major tenets of Freudian psychoanalysis as a therapeutic procedure. **10**
2. Define interpersonal psychotherapy. Discuss its techniques. **3+7**
3. Explain the distinctive features of psychotherapies for children. **10**
4. Explain the concept of integrative psychotherapy. Discuss various methods of psychotherapy integration. **10**

SECTION - B

Answer **any four** of the following questions in about **250** words each : **4x6=24**

5. What is solution - focused therapy ? Discuss its ingredients. **6**
6. Discuss the counselling process of Roger's client centered therapy. **6**
7. Differentiate cognitive behavior therapy with behavior therapy. **6**
8. Define group psychotherapy and explain its therapeutic principles. **6**
9. Discuss the main features of short term psychotherapies. **6**

SECTION - C

Write short notes on **any two** of the following in about **100** words each : **2x3=6**

10. Existential Psychotherapy **3**
 11. Psychic Determinism **3**
 12. Family Therapy **3**
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