

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

June, 2015

02908

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION A

*Answer any two of the following questions in about
500 words each :*

2×10=20

1. Explain the various stages in couple counselling. 10
2. Evaluate the Gestalt approach to counselling. 10
3. Analyse the causes of Autism Spectrum Disorder (ASD) and describe the techniques for helping children with ASD. 3+7
4. Discuss the Solution-focused counselling. 10

SECTION B

Answer any **four** of the following questions in about
300 words each :

4×6=24

5. Explain the Adlerian approach to counselling. 6
6. Describe the symptoms of ADHD. 6
7. Explain Object Relations theory. 6
8. Describe the stress inoculation technique. 6
9. Discuss the ethical issues in e-counselling. 6

SECTION C

Write short notes on any two of the following in about 100 words each :

2×3=6

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| 10. Psychoeducation Groups | 3 |
| 11. Self-defeating Behaviour | 3 |
| 12. Self-efficacy | 3 |
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