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MPC-051

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)**

Term-End Examination

December, 2023

**MPC-051 : FUNDAMENTALS OF
MENTAL HEALTH**

Time : 3 Hours

Maximum Marks : 100

Note : *All Sections are compulsory.*

Section-A

Note : Answer any **two** of the following questions in
about **600** words each. 20×2=40

1. Discuss the concept of mind according to Ayurveda. 20
2. Compare and contrast theories of classical conditioning and operant conditioning. 20
3. Explain the meaning of conation. Discuss the normal and pathological conditions of conation.

20

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Section–B

Note : *Answer any **five** of the following questions in about **250** words each.* 5×10=50

4. Discuss the following models of mental health : 5+5
 - (a) Model A (Mental Health as above normal)
 - (b) Model B (Mental Health as maturity)
5. Explain Alfred Adler's individual psychology. 10
6. Define the concept of normality and describe the functional perspectives of normality. 10
7. Explain attention as one of the cognitive functions. 10
8. Describe the stages of cognitive development according to Piaget's theory. 10
9. Explain the role of family in mental health and mental illness. 10

Section–C

Note : *Write short notes on any **two** of the following in about **100** words each.* 5×2=10

10. Functionalism 5
11. Neurotransmitters and brain functions 5
12. Biological causes of abnormality 5

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