

No. of Printed Pages : 3

MPCE–013

**MASTER OF ARTS (PSYCHOLOGY)
(MAPC)**

**Term-End Examination
December, 2023**

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any **two** of the following questions in
about **450** words each.* *2×10=20*

1. Discuss the components of psychodynamic therapy and explain the distinctive features of psychodynamic techniques. 5+5

P. T. O.

2. Define behaviour modification and discuss its characteristics. 3+7
3. Explain object relations approach to psychodynamic couples therapy. 10
4. Discuss 'dysfunctional thinking' with the help of suitable examples. 10

Section—B

Note : Answer any **four** of the following questions
in about **250** words each. 4×6=24

5. Discuss the development of multimodal therapy. 6
6. Discuss the developmental considerations for psychotherapy with adolescents. 6
7. Elucidate operant approaches for decreasing undesired behaviours. 6

[3]

8. Explain the defining features of short-term therapy. 6
9. Explain transference in couples therapy. 6

Section—C

*Note : Write short notes on any **two** of the following in about **100** words each. 2×3=6*

10. Cognitive Analytical Therapy 3
11. Systemic (Family) Therapy 3
12. Analytical Psychology 3