

**MASTER OF ARTS (PSYCHOLOGY)**

**Term-End Examination**

**December, 2022**

**MPCE-021 : COUNSELLING PSYCHOLOGY**

*Time : 2 hours*

*Maximum Marks : 50*

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**Note : All sections are compulsory.**

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**SECTION A**

*Answer any **two** of the following questions in about  
450 words each :*

*2×10=20*

1. Explain the psychoanalytic approach to counselling. 10
2. Explain the ABC model. Describe the goals and techniques of Cognitive Behavioural Therapy. 3+7
3. Describe the misconceptions related to HIV/AIDS and explain the aims of HIV/AIDS counselling. 5+5
4. Discuss the treatment of depression. 10

## SECTION B

Answer any **four** of the following questions in about  
250 words each :

4×6=24

5. Describe the characteristics of a counsellor and differentiate counselling from guidance. 4+2
6. Describe transactional analysis. 6
7. Discuss the ethical principles of counselling. 6
8. Explain operant conditioning as a technique of counselling. 6
9. Describe Cluster C personality disorders. 6

## SECTION C

*Write short notes on any **two** of the following in about 100 words each :*

*2×3=6*

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| <b>10.</b> Termination of a Counselling Relationship | <b>3</b> |
| <b>11.</b> Systematic Desensitization                | <b>3</b> |
| <b>12.</b> Children's Rights                         | <b>3</b> |
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