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MCFTE-003

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

December, 2022

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 Hours

Maximum Weightage : 50

Note : Answer *three* questions in all. Question
No. 1 is compulsory. Answer question nos. 2
to 5 in about **450-500** words each.

1. Write short notes on any **four** of the following
in about **150** words each : 4×5=20
- (a) Psycho-education
 - (b) Family therapy
 - (c) High risk sexual behaviour
 - (d) Network therapy
 - (e) Change talk
 - (f) Tobacco dependence

P. T. O.

2. What are the common parameters used in making a comprehensive assessment of a patient with a substance use disorder ? 15
3. Imagine that you have been eating chocolates everyday. Your dentist asks you to stop, however, you are not too convinced that you should. Prepare a decisional balance sheet for the situation. 15
4. Why is substance abuse a family problem ? Discuss with suitable examples. 15
5. Why are drug users more vulnerable and at-risk for HIV ? 15