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MCFTE-001

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

December, 2022

**MCFTE-001 : MARITAL AND FAMILY THERAPY
AND COUNSELLING**

Time : 2 Hours

Maximum Marks : 50

Note : Answer *three* questions in all. Question No. 1 is compulsory. Question Nos. 2 to 5 are of 15 marks and should be answered in about 450-500 words each.

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1. Write short notes in about **150-200** words each, on any *four* of the following : 4×5=20
- (a) Active listening
 - (b) Neutrality
 - (c) Genogram
 - (d) McMaster Family Assessment tool

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- (e) Primary emotions
 - (f) Avoidant attachment
 - (g) Conflict resolution
2. Explain how marital enrichment is considered as a preventive measure. What are the indications and contraindications for marital enrichment ? 15
 3. Discuss how assessment phase in couple therapy can be carried out. Give *three* examples of circular questions that you can ask a couple during assessment. 15
 4. What are the guidelines to be kept in mind when interviewing during a family session ? 15
 5. Discuss the steps to be followed to maximise the utility of self report scales. 15