

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY (MSCCFT)**

Term-End Examination

December, 2022

MCFT-006 : APPLIED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum Marks : 100

Note : *Answer any **five** questions. All questions carry equal marks. Answer each 20 marks question in about 600 – 800 words.*

1. With the help of examples from across the country, discuss cultural variations in socialization and child rearing practices. 20

2. Define schema and explain types of schemas. Discuss impact of schemas on social cognition. Strengthen your answer with suitable examples. 20

3. How are 'Self', 'Personality' and 'Identity' different from each other ? Give examples to explain the influence of culture on our understanding of self. 20

4. What factors affect well-being ? Discuss any four strategies that can promote well-being of adolescents. 20
5. What are the functions of non-verbal communication ? Describe elements of non-verbal communication, with examples. 20
6. What is resilience ? Discuss important strategies of conflict management. 20
7. Describe various methods to resolve marital conflicts. Discuss the role of the counsellor and family therapist in resolving marital conflicts. 20
8. What do you understand by sexual identity and gender identity ? Discuss the terms related to sexual identity. 20
9. Write short notes on any **four** of the following in about 150 – 200 words each : 4×5=20
- (a) Pornography
 - (b) Sexual Revolution
 - (c) Family Life Cycle
 - (d) Defense Mechanisms
 - (e) Heterosexual Behaviour
 - (f) Marital Adjustment
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