

No. of Printed Pages : 3

**MCFT-001**

**MASTER OF SCIENCE IN  
COUNSELLING AND FAMILY  
THERAPY/POST GRADUATE  
DIPLOMA IN COUNSELLING AND  
FAMILY THERAPY  
(MSCCFT/PGDCFT)**

**Term-End Examination**

**December, 2022**

**MCFT-001 : HUMAN DEVELOPMENT AND FAMILY  
RELATIONSHIPS**

*Time : 3 Hours*

*Maximum Marks : 100*

---

**Note :** (i) Answer any **five** questions in about  
**600-800 words each.**

(ii) All questions carry equal marks.

---

---

1. What is the importance of genetic counselling ?  
Describe the prenatal stages of development. 20

**P. T. O.**

2. Discuss the structure of personality propounded by Freud, with the help of diagrammatic representation and examples. 20
3. Critically analyse changing gender roles in the contemporary context and its implications for family dynamics. 20
4. Explain the social exchange family theory. 20
5. Discuss the roles, responsibilities and domains of adjustment during the beginning stage of the family life cycle. 20
6. Suppose parents of a pre-schooler have come to you for advice regarding how they should discipline their child. Explain the disciplinary techniques that you would recommend to them. 20
7. Analyse the challenges and emerging issues of families with elementary and middle school children. 20
8. Discuss how relevant is the 'empty nest' syndrome in the Indian context. Give examples to support your answer. 20

[ 3 ]

9. Write short notes on any *four* of the following  
in about **150-200** words each : 4×5=20

- (a) Trust *vs.* Mistrust
- (b) Role confusion
- (c) Single parent family
- (d) Family as launching centre
- (e) Anal stage
- (f) Peer influence during adolescence
- (g) Boundaries