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Section—B

Note : Answer any *five* of the following questions
in about **250** words each. $5 \times 10 = 50$

4. Explain the concept of counselling and discuss the steps involved in counselling process. 3+7
5. Elucidate the ways of anger management. 10
6. Explain the cognitive model. 10
7. Describe community mental health models. 10
8. Discuss the rights of a person with mental illness. 10
9. What is mental fitness certificate ? Describe the benefits of certification. 4+6

Section—C

Note : Write short notes on any *two* of the following
in about **100** words each. $2 \times 5 = 10$

10. Mental Health Bill (2011)
11. Importance of Community based Research
12. Crisis Intervention

MPC-054

No. of Printed Pages : 2

MPC-054

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)**

Term-End Examination

December, 2021

MPC-054 : SERVICES FOR THE MENTALLY ILL

Time : 3 Hours

Maximum Marks : 100

Note : *All Sections are compulsory.*

Section—A

Note : Answer any *two* of the following questions
in about **600** words each. $2 \times 20 = 40$

1. Discuss and critically evaluate various laws related to mental illness. 20
2. What is Community Mental Health ? Describe community mental health in India. 5+15=20
3. Describe the challenges for mental health in India. 20

P. T. O.