

**POST GRADUATE DIPLOMA IN MENTAL  
HEALTH (PGDMH)**

**Term-End Examination**

**February, 2021**

**MPC-053 : MENTAL HEALTH IN SPECIAL AREAS**

*Time : 3 hours*

*Maximum Marks : 100*

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**Note :** *All sections are compulsory.*

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**SECTION A**

*Answer any **two** of the following questions in about  
600 words each :*

*2×20=40*

1. Discuss the various strategies for promotion of women's mental health. 20
  
2. Describe mental disorders of childhood and adolescence. Elucidate the management strategies for mental retardation (intellectual disability). 10+10
  
3. Discuss Pharmacological and Psychological therapies for management of sexual dysfunction. 20
  
4. Explain psychological assessment. Describe the different scales used in assessment of mental retardation. 5+15

## SECTION B

Answer any **five** of the following questions in about  
250 words each :

5×10=50

5. What are the various factors considered in the process of assessment of mental disorders in the elderly? 10
6. Describe dementia and delirium in the elderly. 5+5
7. Explain the need for functional behavioural assessment. Elucidate the various steps in functional behavioural assessment. 3+7
8. Discuss the various intervention strategies for reading and writing skills. 5+5
9. Discuss the various phases involved in management of alcohol abuse and dependence. 10

## SECTION C

*Write short notes on any **two** of the following questions  
in about 100 words each :*

*2×5=10*

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|---|---|
| <b>10.</b> Gender Identity Disorder             | 5 |
| <b>11.</b> Spina bifida                         | 5 |
| <b>12.</b> Relapse prevention in drug addiction | 5 |

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