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MPC-054

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)**

Term-End Examination

December, 2020

MPC-054 : SERVICES FOR THE MENTALLY ILL

Time : 3 Hours

Maximum Marks : 100

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any **two** of the following questions
in about **600** words each. $2 \times 20 = 40$*

1. Critically analyse the Mental Health Act (1987). Elucidate the legal and civil responsibilities of the mentally ill. 10 + 10
2. Discuss the different types of certification related to mental illness. Describe the assessment of disability in mental retardation (Intellectual Disability) and assessment of multiple disabilities. 10 + 10

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3. Elucidate and describe the different cognitive therapies. 20

Section—B

Note : Answer any *five* of the following questions in about **250** words each. $5 \times 10 = 50$

4. Explain the concept and need for positive mental health. Discuss its indicators and measurement. 5 + 5
5. Discuss the meaning and process of documentation in mental health. 4 + 6
6. Describe strategies to promote social responsibility amongst general public. 10
7. Discuss the Rehabilitation Council Act of India (RCI Act). 10
8. Define psychotherapy and elucidate its aims. Discuss the factors that influence its outcome. 5 + 5
9. Discuss the different techniques used in REBT (Rational Emotive Behaviour Therapy). 10

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Section—C

Note : *Answer any two of the following questions
in about 100 words each. 2 × 5 = 10*

10. Satellite clinics and home based community programmes. 5
11. Interview as a technique in counselling. 5
12. Policies and planning for mental health. 5