

No. of Printed Pages : 3

**MPC-051**

**POST GRADUATE DIPLOMA IN  
MENTAL HEALTH (PGDMH)**

**Term-End Examination**

**December, 2020**

**MPC-051 : FUNDAMENTALS OF MENTAL HEALTH**

*Time : 3 Hours*

*Maximum Marks : 100*

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**Note :** *All Sections are compulsory.*

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**Section—A**

**Note :** *Answer any **two** of the following questions in about **600** words each.  $2 \times 20 = 40$*

1. Discuss the Eastern and Western concepts of Mind.
2. Discuss the definition and concept of normality and abnormality. Highlight its measurement and elusive nature.
3. Discuss the various historical perspectives of mental illness and mental health.

**Section—B**

**Note :** Answer any **five** of the following questions in about **250** words each.  $5 \times 10 = 50$

4. Discuss the biological basis of mind, emotion and cognitions highlighting consciousness and the brain.
5. Discuss the role of genes and the models of genetic transmission in psychological disorders.
6. Discuss Adler's theory of individual psychology towards explaining neurosis highlighting the difference between Freud's psychoanalytical explanation of neurosis.
7. Discuss social attitudes, social perception and social influence on mental health.
8. Discuss "group process" in the context of mental health.
9. Describe Eric Erikson's theory of psychosocial development.

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**Section—C**

**Note :** Write short notes on any **two** of the following  
in about **100** words each.  $2 \times 5 = 10$

10. Mesmerism and Hypnotism
11. Role of culture in mental health
12. Erich Fromm's human needs