

**MASTER OF ARTS (PSYCHOLOGY)
(MAPC)**

Term-End Examination

December, 2020

MPCE-023 : INTERVENTIONS IN COUNSELLING

Time : 2 Hours

Maximum Marks : 50

***Note** : All Sections are compulsory.*

Section—A

***Note** : Answer any **two** of the following questions in
about **450** words each. **2×10=20***

1. Discuss the symptoms and causes of ADHD.
Describe the techniques for helping the children
with ADHD. 5+5

2. Describe the principles and techniques of
behaviour modification. 5+5

3. Explain couple counselling and describe the stages involved in it. 10
4. What is anxiety disorder ? Discuss the techniques for helping children with anxiety disorder. 3+7

Section—B

Note : Answer any **four** of the following questions
in about **250** words each. 4×6=24

5. Define brief therapy. Discuss the factors that influenced the development of brief therapies. 6
6. Explain self management strategies and point out its usefulness. 6
7. Describe the various types of groups in counselling. 6
8. Discuss the ethical issues in counselling research. 6
9. Explain the nature, characteristics and causal factors of learning disability. 6

[3]

Section—C

*Note :Write short notes on any **two** of the following
in about **100** words each. 2×3=6*

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| 10. Counselling and Psychotherapy | 3 |
| 11. Exception Seeking | 3 |
| 12. Fully functioning person | 3 |