MASTER OF ARTS (PSYCHOLOGY) (MAPC)

Term-End Examination December, 2020

MPCE-013: PSYCHOTHERAPEUTIC METHODS

Time: 2 Hours Maximum Marks: 50

Note: All Sections are compulsory.

Section—A

Note : Answer any **two** of the following questions in about **450** words each $2\times10=20$

- 1. Discuss Object Relations Theory and Attachment theory in human development. 5+5
- 2. Discuss Existential and Person-centered therapies. 5+5
- 3. Define the various features of short-term therapies.

Lot-II P. T. O.

Giving historical account of behaviour modification, discuss respondent conditioning and counter-conditioning.

Section—B

- Note: Answer any four of the following questions in about 250 words each. 4×6=24
- 5. Discuss the basic tenets and concepts of psychoanalytic therapy. 3+3
- 6. Discuss psychotherapy and cognitive behaviour therapy in treatment of childhood behaviour disorders.

 3+3
- 7. Discuss the techniques of behaviour modification in decreasing undesirable behaviour in children.
- 8. Discuss the application of psychotherapy for terminally ill patients.
- 9. Discuss Dysfunctional thinking. 6

Section—C

Note: Write short notes on any two of the following					
in about 100 words each.				2×	3=6
10. Ingredients in solution focussed therapy.					3
11.	Integrated	approaches	to	psychotherapy	in
	cancer.				3
12.	Empathy.				3

MPCE-013 4,000