

**BACHELOR'S DEGREE PROGRAMME (BDP)
(B.A. PSYCHOLOGY)**

Term-End Examination

February, 2021

BPCE-013 : MOTIVATION AND EMOTION

Time : 2 hours

Maximum Marks : 50

Note : *All sections are compulsory.*

SECTION A

Note : *Answer any two of the following questions in about 450 words each : 2×10=20*

1. Discuss the concepts of Emotional Intelligence and Emotional Competency. Describe the ways of managing emotions. 5+5
2. Differentiate between Needs, Drives and Motives. Discuss Maslow's Hierarchy of Needs. 5+5
3. Define Intrinsic Motivation. Discuss the factors influencing intrinsic motivation. 3+7
4. Define and describe Curiosity. Discuss the theoretical concepts and drive theories related to curiosity. 4+6

SECTION B

Note : Answer any **four** of the following questions in about 250 words each : 4×6=24

5. Discuss the concept and stages of General Adaptation Syndrome (GAS). 6
6. Define stress and elucidate the types of stress. Discuss the signs of arousal and anxiety. 3+3
7. Discuss the physiological changes and components of emotions. 3+3
8. Discuss the basic issues in emotions. 6
9. Discuss any two need-based theories of motivation. 3+3

SECTION C

Note : Write short notes on any **two** of the following
in about 100 words each : 2×3=6

- | | |
|---|----------|
| 10. Intrinsic and Extrinsic Motivation | 3 |
| 11. Types of Anxiety | 3 |
| 12. Basic Emotions | 3 |
-