MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY (MSCCFT)

Term-End Examination December, 2020

MCFTE-003 : SUBSTANCE ABUSE COUNSELLING AND FAMILY THERAPY

Time: 2 Hours Maximum Marks: 50

Note: Answer three questions in all. Question No. 1 is compulsory.

1. Write short notes on any *two* of the following:

 $10 \times 2 = 20$

- (a) Family roles in the context of substance use
- (b) Substance use and sexual behaviour
- (c) Factors associated with substance abuse in adolescents
- (d) Treatment resistance in substance abuse
- (e) Network therapy

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- 2. What is 5 R's approach? How can the tobacco users who are trying to give up their dependence on tobacco be assisted?
- 3. What are the advantages and limitations of family therapy with substance users? Describe any *two* approaches to family therapy for substance users.
- 4. What is the need for studying substance use disorders separately in women and adolescents? Discuss the health hazards faced by women who abuse alcohol.
- 5. Describe family issues in substance abuse from a life-span approach.15