

**CERTIFICATE IN COMMUNITY HEALTH  
(BPCCHN)**

**Term-End Examination,**

**December 2019**

**BNS-042 : PRIMARY HEALTH CARE IN  
COMMON CONDITIONS**

*Time : 3 Hours]*

*[Maximum Marks : 70*

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*Note : (i) Attempt all questions.*

*(ii) Attempt all parts of a questions at one place.*

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1. Sohan Lal 52 years old obese person was brought to health centre with sudden severe chest pain. He is suspected as a case of heart attack.

Answer the following questions. 2+5+8=15

- a) Define heart attack.
  - b) Explain warning signs and symptoms of heart attack.
  - c) Discuss your role as health waler in immediate management of Sohan Lal.
2. Sita a Primigravida mother has come to health centre for antenatal check up. Discuss how will you as a health worker. Explain the following. 3×5=15
- a) Importance and objectives of antenatal care.
  - b) Components of antenatal care
  - c) Counselling of antenatal mother.

(2)

3. A 13 year old Sonu was brought by her mother to health centre with complaint of pain associated with menstruation. Answer the following questions.  $1+4+5=10$
- Define dysmenorrhoea.
  - Explain types of dysmenorrhoea.
  - Discuss the management of primary and secondary dysmenorrhoea.
4. Discuss the home care for the following local infections.  $2 \times 5 = 10$
- Umbilical infections.
  - Oral thrush (ulcers in mouth).
5. Write short notes on **any four** of the following :  $4 \times 5 = 20$
- Clinical features and management of cholera.
  - Primary care for tonsillitis.
  - Protocol for management of hypothyroidism.
  - Assessment of management of chronic pelvic pain
  - Principles and approaches of family planning counselling.
  - Retention of urine.

