

POST GRADUATE DIPLOMA IN MENTAL HEALTH (PGDMH)

Term-End Examination

December, 2019

MPC-054 : SERVICES FOR THE MENTALLY ILL

Time : 3 hours

Maximum Marks : 100

Note : All Sections are compulsory.

SECTION - A

Answer any two of the following in about 600 words each :

2x20=40

1. Put forward in detail the UN Convention on the Rights of Persons with Disabilities (UNCRPD). 20
2. Elucidate the concept and types of Stress. Explain the strategies for Stress Management. 10+10
3. Describe the Cognitive Model of therapeutic process. Discuss the principles of Cognitive Behavioural Therapy. 10+10

SECTION - B

Answer any five of the following questions in about 250 words each :

5x10=50

4. Critically evaluate the Persons with Disabilities Act, 1995. 10
5. Discuss critically community mental health programme in India. 10
6. Explain the assessment of disability in mental retardation (intellectual disability) and certification. Elucidate Indian Disability Evaluation and Assessment Scale. 5+5
7. Discuss in detail the process of Counselling. 10
8. Present the definition and aims of Psycho-therapy. Discuss ethics in Psycho-therapy. 4+6
9. Discuss the indicators and measurement of positive mental health. How do we promote Positive mental health in a Community ? 5+5

SECTION - C

Write short notes on **any two** of the following in about 100 words each :

2x5=10

10. Compare between Voluntary admission and Involuntary admission. 5
 11. Mental Health Act, 1987. 5
 12. Impact of Thought on Reaction Pattern. 5
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