

POST GRADUATE DIPLOMA IN MENTAL HEALTH (PGDMH)

Term-End Examination

December, 2019

MPC-051 : FUNDAMENTALS OF MENTAL HEALTH

Time : 3 hours

Maximum Marks : 100

Note : All Sections are compulsory.

SECTION - A

Attempt any two of the following questions in about 600 words each : 2x20=40

1. Elucidate the relationship between culture and mental health. Discuss the cultural factors in understanding mental illness. 10+10
2. Discuss the theories under humanistic psychology and explain mental health in the context of the theory. 12+8
3. Discuss Attribution theory and social influence as related to mental health. Elucidate the relevance of prejudice in mental health. 12+8

SECTION - B

Answer any five of the following questions in about 250 words each : 5x10=50

4. Discuss the contributions of neuropsychology in understanding brain and life experiences. 10
5. Discuss in detail the different psychosocial developmental stages put forward by Erik Erikson. 10
6. Discuss Alfred Adler's individual psychology, and its explanation of creative power. 7+3
7. Explain the purposes and goals of neuropsychological examination. What factors are evaluated in neuropsychological examination ? 5+5

8. Discuss the historical perspectives of mental illness. 10

9. Define abnormality. Discuss the various problems characterising abnormality. 3+7

SECTION - C

Write short notes on any two of the following in about 100 words each : 2x5=10

10. Western concept of mind 5

11. Culture Bound Syndromes 5

12. The Neurons and their functions 5