

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY (MSCCFT)**

Term-End Examination

December, 2018

00622

**MCFTE-003 : SUBSTANCE ABUSE COUNSELLING
AND FAMILY THERAPY**

Time : 2 hours

Maximum Marks : 50

Note :

*Answer **three** questions in all.*

*Question no. 1 is **compulsory**.*

1. Write short notes on any **four** of the following : *4×5=20*

- (a) Substance use and sexual behaviour
- (b) Injecting drug use
- (c) Concept of harm reduction
- (d) Substance abuse in adolescents
- (e) Self-help approach to treatment of substance use
- (f) Family and social consequences of substance use

2. “Substance abuse may be viewed as a problem caused by an interaction of various biological, psychological, and social factors.” Do you agree with this statement ? Give reasons and examples to substantiate your answer. *15*

 3. Discuss the advantages and limitations of family therapy in the context of substance use. *15*

 4. Explain the principles and major components of relapse prevention therapy. *15*

 5. (a) What is tobacco dependence ? *5*
(b) Describe the “5 R’s” approach for helping tobacco dependent individuals. *10*
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