

**MASTER OF SCIENCE IN COUNSELLING  
AND FAMILY THERAPY (MSCCFT)**

**Term-End Examination**

00352

**December, 2018**

**MCFTE-001 : MARITAL AND FAMILY THERAPY  
AND COUNSELLING**

*Time : 2 hours*

*Maximum Marks : 50*

**Note :**

*Answer **three** questions in all.*

*Question no. 1 is **compulsory**.*

1. Discuss the behavioural skills that are necessary for family assessment. 20

**OR**

State the importance of restructuring negative interaction patterns. Explain any two strategies that a marital/family therapist may use to facilitate restructuring of interactions. 20

**OR**

Describe common areas of marital difficulties of middle-aged Indian couples. As a marital and family counsellor and therapist, how could you help such a couple ? 20

2. (a) What is the importance of active listening ? 5
- (b) As a counsellor/family therapist, how would you engage in active listening ? Explain with the help of examples. 10
3. Analyse the ethical issues in using Assessment Tools. Describe any two scales used in family therapy. 15
4. Describe the psychological factors that contribute to sexual dysfunctions. Give two cases to support your answer. 15
5. Write short notes on any **three** of the following :  $3 \times 5 = 15$
- (a) Sensitivity in Interviewing
- (b) Advantages of Self-Report Scales
- (c) Sensate Focus
- (d) Essential Precautions for a Sex Therapist
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