

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY (MSCCFT)**

Term-End Examination

December, 2018

00482

**MCFT-007 : COUNSELLING AND FAMILY
THERAPY APPLICATIONS AND INTERVENTIONS**

Time : 3 hours

Maximum Marks : 100

Note :

Answer any five questions.

All questions carry equal marks.

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1. With the help of examples, explain any five general principles of counselling children and adolescents. 5×4=20

 2. (a) What is "Parent Management Training" ? 5
(b) Discuss the commonly practised behaviour modification techniques. 15

3. (a) With reference to the Indian context, discuss the complicating factors in separation or divorce. 10
- (b) As a marital therapist, how will you discriminate between marital conflict that can be resolved and marital conflict that cannot be resolved? 10
4. What are the important issues in intervention with cohabitation relationships? Discuss with the help of examples. 20
5. With the help of a case illustration, discuss the factors affecting the family's adaptation to chronic illness. 20
6. "Treatment of substance use disorders involves both pharmacological and psychosocial approaches." Do you agree with this statement? Give reasons and examples to support your answer. 20
7. With the help of examples, describe the factors that influence recovery of children and adolescents from trauma. Explain the intervention you will choose to deal with the situation. 20

8. (a) Discuss important stressors in late life, with the help of examples. 10

(b) Describe the essential components of caregiver interventions for management of late life mental health problems. 10

5. Write short notes on any *four* of the following : 4×5=20

(a) Behaviour Therapy

(b) Homophobia

(c) Prevention of deliberate self-harm

(d) Gender-based violence and mental health

(e) Supportive therapy in the context of abused children
