

**MASTER OF SCIENCE IN COUNSELLING
AND FAMILY THERAPY / POST GRADUATE
DIPLOMA IN COUNSELLING AND FAMILY
THERAPY (MSCCFT/PGDCFT)**

Term-End Examination

00792

December, 2018

MCFT-002 : MENTAL HEALTH AND DISORDERS

Time : 3 hours

Maximum Marks : 100

Note :

Answer any five questions.

All questions carry equal marks.

1. Name delusions that are found in schizophrenia.
What psychosocial treatment can be given to a
patient of schizophrenia ? 20
2. What are the common substances used in India ?
Describe the profile of substance users in your
area. 20
3. How can a classificatory system help you in your
chosen profession as a counsellor and family
therapist ? Give examples to support your
answer. 20

4. What are the psychiatric symptoms commonly associated with endocrine disorders ? In brief, discuss the psychosocial treatment in such cases. 20
5. With help of a case vignette, describe the clinical characteristics that help to recognise somatoform disorders. Discuss, what are the risk factors that are associated with somatoform disorders. 20
6. Describe how depression affects an individual by explaining causes, risk factors and course of depression. Give examples to support your answer. 20
7. What is mental retardation ? Discuss the causes of mental retardation. 20
8. List the various common features based on which persons having sensory impairment can be identified. What are the assessment tools used to measure visual functioning ? 20

9. Write short notes on any *four* of the following : 4×5=20

- (a) Deaf Blindness
 - (b) Genetic Counselling
 - (c) Avoidant Personality Disorder
 - (d) Paranoid
 - (e) ICD – 10
 - (f) Bipolar Disorder
 - (g) Eustress
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