

01381

**POST GRADUATE DIPLOMA IN MENTAL
HEALTH (PGDMH)**

Term-End Examination

December, 2018

**MPC-051 : FUNDAMENTALS OF MENTAL
HEALTH**

Time : 3 hours

Maximum Marks : 100

Note : All sections are compulsory.

SECTION - A

Answer any two of the following questions in
about 600 words each : 2x20=40

1. Discuss the important concepts of Roger's Theory. 20
Indicate how these concepts can be used in
diagnosis and treatment of mental disorders.
2. Elaborate the Ayurvedic concept of the mind. 20
Explain mental health and mental illness in terms
of the ayurvedic concepts.
3. Discuss the family perspectives of mental health
issues. Explain the role of family in mental health
and mental illness. 10+10

SECTION - B

Answer any five of the following questions in
about 250 words each : 5x10=50

4. Discuss Erich Fromm's theory of personality. 10
Explain some of the mental disorders in terms of
the five personality types of Fromm.

5. Describe the cognitive functions and elucidate the various diseases of the brain due to damage to cognitive functions. 10
6. Discuss the concept, criteria and causes of abnormality. Put forth the problems in diagnosis of abnormal behaviours. 10
7. Discuss Erikson's theory of Psychosocial development. Explain any two of the adolescent mental disorders in terms of Erikson's theory. 10
8. Elaborate the impact of immigration and acculturation on mental health. Explain culture-bound syndromes in this context. 10
9. Explain Maslow's theory of Personality. Discuss mental illness in terms of Maslow's motivation psychology. 10

SECTION - C

Write short notes on **any two** of the following in about 100 words each :

2x5=10

10. Mind and Mental health. 5
 11. Somatogenic perspective of abnormal behaviour. 5
 12. Sociological aspects of mental health. 5
-