

02721

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2018

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 hours

Maximum Marks : 50

Note : All the sections are compulsory.

SECTION - A

Answer any two of the following questions in
about 450 words each : 2x10=20

1. Describe various counselling process of client centered therapy. 10
2. What is multiple family group therapy ? Discuss the techniques of family therapy. 3+7
3. Define the nature of couples therapy. Discuss its different approaches. 3+7
4. Explain various areas of application of behaviour modification procedures. 10

SECTION - B

Answer **any four** of the following questions in
about **450** words each : **4x6=24**

5. Describe object relation theory. 6
6. Discuss different ways to psychotherapy integration. 6
7. Define 'play therapy' and describe its application as a psychotherapy. 2+4
8. Discuss the application of psychotherapy in AIDS. 6
9. Discuss the use of interpersonal therapy for treating depression in adolescents. 6

SECTION - C

Write short notes on **any two** of the following in
about **100** words each : **2x3=6**

10. Group psychotherapy. 3
 11. 'Circle of security'. 3
 12. Self Identity and Gender Identity. 3
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